



### **What is *Restore* and who is it for?**

*Restore* is a weekly ministry that helps God's people to know and experience God's love as we connect God's story with our story. *Restore* is for anyone who wants to grow as a disciple or who feels overwhelmed by life. Because of God's powerful and transforming love, there is no sin or suffering too great to bring to *Restore*.

### **Is *Restore* a recovery ministry?**

*Restore* is not considered a recovery ministry since it is not limited to issue-specific struggles. In *Restore*, you will see how God is with you even in your darkest valley and how Jesus offers hope in every circumstance.

### **What life struggles are addressed in *Restore*?**

*Restore* addresses most life struggles to include anxiety, depression, abuse, marital struggles, pornography, family issues, spiritual dryness, loneliness, aftermath of adultery, self-injury, and other issues that we face in a fallen world.

### **What can I expect on Wednesday nights at *Restore*?**

Each week, we begin with a time of worship and teaching, then break up into Newcomer Groups for first time attenders, Open Groups and Closed Groups.

### **What are Open Groups?**

Open Groups are where you will begin to see how God is present in your real struggles. You will personally know and experience God through his word with fellow brothers and sisters in Christ. The Open Groups are also where you evaluate committing to a Closed Group.

### **Why do I need to commit to a Closed Group?**

The Christian life requires commitment and courage. During Closed Group, you will be asked to put in the hard work of completing brief weekly assignments, reflecting on your heart and life, sharing honestly with those in your group, and caring for fellow group members.

### **What is a Closed Group?**

A Closed Group is a twelve-week journey where you will experience how God's story gives meaning and hope to your story—past, present, and future. In a Closed Group, you are encouraged to engage God more deeply through his word and share more openly with his people by the power of his Spirit. The goal of this time is to deepen your communion with God so that you can live with more freedom and confidence in Jesus Christ. Men, women, and couples will be in different Closed Groups, which are not issue-specific.

### **How is *Restore* different from Community Groups and should I attend both?**

*Restore* is not a substitute for Community Groups. You have freedom to continue to continue in your regular Community Group during your participation in *Restore* or to step out for a season given the time commitment. Through your experience in *Restore*, God will deepen your understanding of both gospel community and ministry so that you will be better equipped to encourage and comfort those in your CG.

### **How do I get started? Do I need to register?**

You can start at any time by coming to *Restore* on Wednesday nights. You do not need to register beforehand. Each week there is an orientation for newcomers.

### **When and where will *Restore* be held?**

Wednesday nights from 6:30pm to 8:30pm at the Sojourn Meridian building located at 1303 S. Shelby Street, Louisville, KY 40217.

### **Is childcare provided?**

Childcare will not be provided. However, families are welcome to get creative by joining together and sharing costs of a babysitter or asking someone in your Community Group to help out.

### **Is there a cost?**

There is no charge for the Newcomer or Open Groups. However, the registration fee for Closed Groups is \$25 per person or \$40 per couple, which helps cover the basic costs of the ministry. We do not want the cost to keep anyone from committing to a Closed Group, so please speak with a ministry leader about scholarship opportunities.

For more information, email [restore@sojournchurch.com](mailto:restore@sojournchurch.com).